

MDB WINTER TEAM PROGRAM

4th. 5th. 6th. 7th. 8th. & 9th Grade Teams

Our Team Programs are designed to give a group of athletes an opportunity to develop and improve their fundamental skills, learn team concepts such as helping-man-to-man defense, and motion offense, and compete in weekend tournaments.



Program begins in November, runs through end of February/beginning of March.



Teams practice two times per week, 1.5 hours each practice. Teams will practice a minimum of 50 hours over course of the season.



Eight (8) or ten (10) players per team.



Teams play in the MYAS Winter League and/or metro area travel tournaments, B/C level.



All games are in the Twin Cities metro area.



Each team will play in multiple games/tournaments.



Uniforms are included.



Cost: \$329.00 - \$389.00 range per player
A \$150.00 non-refundable deposit is due at time of registration.

For registration information...call 952/346-8866
Email: www.mdbball1@qwestoffice.net **Website:** www.mdbball.com