

# **MDB**

## **Shooting Clinics, Post Player Clinics & Ball-handling Clinics**

Minnesota Developmental Basketball (MDB) will be offering these clinics for boys and girls, grades 4-11. The focus of this program will be on developing good basketball habits, improving skills and building self-confidence. A few of the skills taught include jump stops, pivoting, shooting form & mechanics, posting up, dribbling, passing skills, movement without the ball and rebounding.

**Location:** MDB Facility in Bloomington, 2050 West 96<sup>th</sup> Street. East entrance of the Lieberman Companies building, NE corner of Penn Avenue & 96<sup>th</sup> Street.

**Dates & times: Tuesdays & Wednesdays, Grades 4-11**

**Ball-handling>** 6:00-7:00 p.m.

**Post Player & Shooting>** 7:00-8:00 p.m.

**Cost:** Each session is \$15.00 or \$12.50/session for two or more within the same week.

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### **Registration Form**

Player's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Work Phone (Dad): \_\_\_\_\_ Work Phone (Mom): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email(s): \_\_\_\_\_

**Visa/Mastercard payment: #** \_\_\_\_\_ **Exp:** \_\_\_\_/\_\_\_\_

**Make check payable to/mail to:** MDB-2050 West 96<sup>th</sup> Street-Bloomington, MN 55431

**Information: 952.346.8866**

**Email: [mdbball1@qwestoffice.net](mailto:mdbball1@qwestoffice.net)**

**Signature** \_\_\_\_\_ (Parent/Guardian signature required)